

Vodič za usmeni ispit (razgovor o ličnim sportskim iskustvima)

U produžetku su date opšte teme o kojima ćemo razgovarati na usmenom ispitu. Svaku temu prate primeri rečenica kojima biste mogli da započnete priču o datoj temi ili da odgovorite na pitanje uz dodavanje sporta ili konteksta koji se odnosi na vas. Ove teme i primeri treba da vam posluže isključivo kao idejni okvir za priču o vama i vašem bavljenju sportom (ili sportovima). Teme i ideje možete da kombinujete, jer je sve manje-više usko povezano. Za ispit je najkorisnije da pogledate teme i da na osnovu datih primera razmislite šta biste sve mogli da kažete o sebi kroz bavljenje sportom. Što više detalja možete da iznesete, utoliko bolje. Naravno, nastavni materijali s predavanja i vežbi su tu da vam pomognu oko termina. Razgovor na ispitu je neformalnog tipa, gde ćete često biti prekidani dodatnim pitanjima i potpitanjima, jer je važno da pokažete da ste razumeli sagovornika, pa uzmite i to u obzir kada konceptualizujete svoj ispitni „intervju“.

General Talking Points (opšte teme za razgovor)

❖ Introduction (uvod/predstavljanje):

'I play/do [name of your sport] (professionally, semi-professionally, recreationally).'

'I'm a (professional, semi-professional, recreational) (football/volleyball/basketball player; martial artist/judoka/karateka; runner, skier, cyclist, wrestler...).'

'The sport I play/do is...'

❖ Duration (od kada/koliko dugo se bavite datim sportom):

'I've been playing/doing [your sport] since I was (twelve/thirteen/fourteen...).'

'I've played/done [your sport] for three/four/five years.'

'I've competed (at the national level/in [name of your league/championship] for three/four/five years.'

❖ Where/with whom (gde i s kim igrate):

'I play/compete for ([club name] / the university team / the national team).'

'I've been competing for six years at the national level.'

'I used to play for [club/team] but I am currently playing for [club/team].'

'I often play basketball with my friends at the (local court / school hall).'

'I practice taekwondo at [club location].'

'I go swimming (at the local swimming pool / in the river/lake).'

'I go running with my friends (at the local stadium track / in the park / by the river).'

'Sometimes I do weightlifting at home instead of the gym.'

'I usually go to the gym alone, but sometimes I go with a friend.'

'I have participated in national and international tournaments.'

'I work out with a personal trainer.'

❖ Why this sport (zašto ste izabrali baš taj sport ili sportove):

'I chose [your sport] because...'

'I started because my mother / father / older brother played.'

'It's a great way to stay fit and make friends.'

'I've enjoyed watching [your sport] ever since I was a child.'

'[Your sport] helps me get rid of the stress after studying / helps me focus on my studies and exams.'

'Balancing [your sport] and studies teaches me discipline.'

❖ Training (koliko često trenirate/ste aktivni):

'I practice three times a week / on Tuesdays, Thursdays, and Saturdays.'

'We play every weekend / every Wednesday.'

'I go to the gym every day after classes.'

'In the summer / In the off-season, we spend a month on the mountain for altitude training.'

'I used to practice four times a week during high school, but now I only practice two times because of my studies.'

❖ Achievements/Failures (uspesi/neuspesi):

'I/We won the national championship / a local tournament last year / two years ago.'

'I set/broke my personal record [specific time / specific event].'

'I won the (gold/silver/bronze) medal at [event name].'

'One of my proudest/worst moments was...'

'Unfortunately, my team finished last because we had a bad coach.'

'Our team finished second in the national cup.'

'We got to the final, but we lost to [winning team name].'

'I only got to/reached the quarter-finals, but I had to forfeit (*da predam meč*) because of an injury.'

'I/We could've/should've won, but [say why you didn't].'

❖ Injuries (povrede):

'I had/suffered a [body part] injury that kept me out for months.'

'I injured/sprained/strained/broke my [appropriate body part] and it took me six months to recover.'

'I suffered a serious injury last year and had to wear crutches / a cast / a splint / a brace.'

'Fortunately, my injury was minor and I got better after two weeks using the RICE method.'

'Unfortunately, the injury ended my (football, basketball...) career, so I switched to swimming and cycling.'

❖ Why the Faculty of Sport and Physical Education (zašto ste izabrali baš ovaj fakultet) // Future goals/plans (budući ciljevi/planovi):

'I want to learn something about many different sports.'

'I'm interested in sport science.'

'Studying here will help me stay healthy.'

'I want to continue playing/doing [your sport] after graduating from the Faculty of Sport.'

'I plan / My goal is / I would like to become a coach / personal trainer / PE teacher / researcher / fitness guru / social media influencer... after I get my degree.'

'I'd like to coach children/adults.'

❖ Anecdotes (anegdote/zanimljivi događaji vezani za vaše bavljenje sportom):

'One time, when I was/we were playing against...'

'There was a situation when I had to... because...'

'I remember an interesting story from last year: I was at the gym doing my deadlifts, when....'