



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Professional Studies, Sport

Study Module (if applicable)

Course title

Water Polo

Level of study

Bachelor academic
 Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Third

Number of ECTS allocated

6

Name of lecturer/lecturers

Tomislav Okičić, Ph.D, full professor; Dejan Madić, Ph.D, full professor

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

To familiarize students with the school water polo, basic techniques, tactics and physical training in water polo. To familiarize students with individual and group techniques and tactics of attack and defense in water polo. Introducing students to the individual techniques and tactics of attack and defense in water polo. Training students to independently plan and program of physical ability and athletic shape in water polo players in relation to age and sex.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

The classification of water polo techniques. Swimming techniques, movement and throwing the ball in attack and defense in water polo. Individual, group and team tactics in attack and defense in water polo. Goal keeper in water polo, and characteristics of playing positions in water polo. Planning and programming of the sports form. Curriculum development of physical skills in water polo. Techniques Movement Centre and techniques throwing the ball center. The line of movement of players during the game. The attack, positional attack and assault with a player more. The defense and the defense of the pitch.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	15
Teaching colloquia 1	20	Oral examination	15
Teaching colloquia 2	30		
Seminar paper	10		
		OVERALL SUM	100

*Final examination mark is formed in accordance with the Institutional documents