



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Academic Studies, Physical Education and Sport**

Study Module (if applicable)

Course title

Water Polo

Level of study

Bachelor academic  
 Bachelor professional       Master's       Doctoral

Type of course

Obligatory       Elective

Semester

Autumn       Spring

Year of study

Third

Number of ECTS allocated

6

Name of lecturer/lecturers

Tomislav Okičić, Ph.D, full professor; Dejan Madić, Ph.D, full professor

Teaching mode

Lectures       Group tutorials       Individual tutorials  
 Laboratory work       Project work       Seminar  
 Distance learning       Blended learning       Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*To familiarize students with the school water polo, basic techniques, tactics and physical training in water polo. To familiarize students with individual and group techniques and tactics of attack and defense in water polo. Introducing students to the individual techniques and tactics of attack and defense in water polo. Training students to independently plan and program of physical ability and athletic shape in water polo players in relation to age and sex.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

The classification of water polo techniques. Swimming techniques, movement and throwing the ball in attack and defense in water polo. Individual, group and team tactics in attack and defense in water polo. Goal keeper in water polo, and characteristics of playing positions in water polo. Planning and programming of the sports form. Curriculum development of physical skills in water polo. Techniques Movement Centre and techniques throwing the ball center. The line of movement of players during the game. The attack, positional attack and assault with a player more. The defense and the defense of the pitch.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	15
Teaching colloquia 1	20	Oral examination	15
Teaching colloquia 2	30		
Seminar paper	10	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents