



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Academic Studies, Physical Education and Sport**

Study Module (if applicable)

Course title

Football

Level of study

Bachelor academic  Master's  Doctoral

Type of course

Obligatory  Elective

Semester

Autumn  Spring

Year of study

Third

Number of ECTS allocated

7

Name of lecturer/lecturers

Aleksandar Joksimović, Ph.D, associate professor; Zoran Milanović, Ph.D, assistant professor

Teaching mode

Lectures  Group tutorials  Individual tutorials  
 Laboratory work  Project work  Seminar  
 Distance learning  Blended learning  Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*Students will be able to master theoretical knowledge and motor skills related to the football sport. They will be able to apply training methodology in the practice of physical education, sports clubs and recreational clubs with people of different age groups and different levels of ability.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

**History and organization of football. Football as a teaching content in elementary, high school and university. Biomechanical analysis of the technique elements. Determining the level of the biomotor information acquisition. The choice of technique elements in relation to age and sex. Methodology of the technique elements training in pedagogical practice, The organization of the pioneer - youth football school. Tactics as the integral part of the football game, The importance of the individual, group and collective tactics, Planning of the training, Modeling of sports form. Preparation of the team for the competition and managing the game. The organization of work in the football club. The use of scientific achievements in the educational, recreational and sports practice.**

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory	5	Practical examination	15
Practicals	5	Theory examination	15
Colloquium1 - theory	24		
Colloquium 2 - practical	12		
Seminar paper	12		
Interactive teaching	12	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents