



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Academic Studies, Physical Education and Sport**

Study Module (if applicable)

Course title

Social dance

Level of study

Bachelor academic  
 Bachelor professional       Master's       Doctoral

Type of course

Obligatory       Elective

Semester

Autumn       Spring

Year of study

Second

Number of ECTS allocated

6

Name of lecturer/lecturers

Radmila Kostić, Ph.D, full professor; Slavoljub Uzunović, Ph.D, associate professor

Teaching mode

Lectures       Group tutorials       Individual tutorials  
 Laboratory work       Project work       Seminar  
 Distance learning       Blended learning       Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*Acquisition of basic knowledge about the most popular social dances through the practical implementation of dance techniques. Mastery of motor skills and the ability to draw basic social dance steps necessary to apply the acquired knowledge in the practice of physical education, sport and recreation.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

**Theory:** History and characteristics of social dancing. Contemporary (modern) social (sports) dance (concept and types). Methods for learning and development of dance technique. Rhythm, tempo, dynamics and space (concepts and methods). Technique, rhythm and methods of basic steps and figures of social dances: English Waltz, Foxtrot, Tango, Cha-cha-cha, salsa, rock and roll. Dance and musical games.

**Practicals:** Simple and complex elements of social dance technique (steps, leaps, jumps, rolls). Methodology, techniques and rhythm of the basic steps of social dances: English Waltz, Foxtrot, Tango, Cha-cha-cha, salsa, rock and roll. Dance and music game (by applying the basic steps of social dances performed various dance competition game applicable in physical education, sport and recreation).

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

| Pre exam duties          | Points | Final exam                  | points |
|--------------------------|--------|-----------------------------|--------|
| Theory + practicals      | 10     | Oral or written examination | 30     |
| Test of knowledge        | 10     |                             |        |
| Teaching colloquia 1     | 15     |                             |        |
| Teaching colloquia 2     | 15     |                             |        |
| Activity during lectures | 20     | OVERALL SUM                 | 100    |

\*Final examination mark is formed in accordance with the Institutional documents