



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education in Nis

GENERAL INFORMATION

Study program

Basic academic studies, physical education and sport

Study Module (if applicable)

Course title

Mini handball

Level of study

Bachelor academic
 Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Fourth

Number of ECTS allocated

5

Name of lecturer/lecturers

Ljubomir Pavlović Ph.D, associate professor;

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

Enabling students to understand and gain knowledge on Mini handball curriculum. By mastering the Mini handball curriculum students will be able to use theoretical and practical knowledge in the area of Mini handball.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development of mini handball and theoretical Foundations of mini handball training and competition. Characteristics of mini handball in the world (IHF, EHF) and Serbia (RSS). The terms and definitions, expertise and specific techniques and tactics. Methodological training elements of the art mini handball game, movement without the ball and mini handball. The basic position of the mini handball player, receiving the ball, throwing the ball, feinting, techniques corner. Individual, group and team (collective) tactics, the game features a system of offense and defense. Modern methods for analysis and assessment of the technical and tactical elements. Specialty and specificity of mini handball. Pedagogical and methodical process (means, methods, principles, organization, control). Characteristics of training mini handball. Age characteristics and gender differences work in mini handball schools. Characteristics of the education of sports trainers.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	15
Colloquia 1+2	40	Oral examination	15
Interactive	8		
Test of mini handball rules	12	OVERALL SUM	100

*Final examination mark is formed in accordance with the Institutional documents