



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

Basic Academic Studies, Physical Education and Sport

Study Module (if applicable)

Course title

Methodics of physical education

Level of study

Bachelor academic  Master's  Doctoral

Type of course

Obligatory  Elective

Semester

Autumn  Spring

Year of study

Fourth

Number of ECTS allocated

7

Name of lecturer/lecturers

Nataša Branković, Ph.D, full professor; Nebojša Trajković, Ph.D, assistant professor;

Teaching mode

Lectures  Group tutorials  Individual tutorials  
 Laboratory work  Project work  Seminar  
 Distance learning  Blended learning  Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*Through the implementation of the theoretical and practical training students are trained for the realization of the educational content curriculum of physical education for the appropriate educational age (in kindergartens, primary and high schools).*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

The concept, subject and objectives of the Methodics of physical education. Physical education in preschools (the organizational forms of work in preschools: games, directed activities-occupations, leisure time activities, walks, outings and morning physical exercises. The physical education curriculum, planning, programming and assessment in both primary and high schools. The didactical forms of work. The methodical organizational forms of work (frontal work, groups forms of work: parallel work, work with additional exercises, polygonal obstacles, station form of work...) and individual form: circuit training in PE. Physiological load. The structure (phases) and content of the PE classes. PE principles and methods. Principles and methods of the teaching process.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory+Practicals	10	Oral examination	40
Colloquium 1 (the preschool program)	15		
Colloquium 2 (planning and programming of PE classes)	15		
Seminar paper	12		
Interactive teaching	8		
		<b>OVERALL SUM</b>	<b>100</b>

\*Final examination mark is formed in accordance with the Institutional documents