



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Academic Studies, Physical Education and Sport

Study Module (if applicable)

Course title

Professional - pedagogical practice in physical education

Level of study

Bachelor academic Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Fourth

Number of ECTS allocated

6

Name of lecturer/lecturers

Nataša Branković, Ph.D, full professor

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

During practical work, students will apply professional-methodological knowledge acquired in the theoretical and practical teaching in the course of Methods of physical education teaching, creatively complement them with practical knowledge and experience gained on the practice, which contributes to the improvement of the existing competences and practical skills necessary for teaching in professional work. Students work independently devising operators in the class phases, and methodical procedures for the implementation of the teaching units.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Physical education curriculum. Program contents of the PE class period in phases - I, II, III and IV. The methodical organizational forms of work (groups forms of work: parallel work, work with additional exercises, polygon with obstacles, station form of work...) and individual form: circuit training in PE. The physiological load in the class period - the physiological curve. Measurements of the active time in the class period: the production of the diagram of motor fullness during the PE class.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

| Pre exam duties | Points | Final exam | points |
|---|--------|--------------------|------------|
| Colloquium 1 micropreparation of class: athletic | 14 | | 40 |
| Colloquium 2 micropreparation of class: gymnastic | 14 | | |
| Colloquium 3 micropreparation of class: sport games | 14 | | |
| test of knowledge | 18 | OVERALL SUM | 100 |

*Final examination mark is formed in accordance with the Institutional documents