



UNIVERSITY OF NIŠ

| Course Unit Descriptor | Faculty | Faculty of Sport and Physical Education in Niš | | |
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| GENERAL INFORMATION | | | | |
| Study program | Basic academic studies, physical education and sport | | | |
| Study Module (if applicable) | | | | |
| Course title | Doping and antidoping in sport | | | |
| Level of study | <input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional | <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral | | |
| Type of course | <input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective | | | |
| Semester | <input type="checkbox"/> Autumn <input checked="" type="checkbox"/> Spring | | | |
| Year of study | First | | | |
| Number of ECTS allocated | 5 | | | |
| Name of lecturer/lecturers | Dragan Radovanović, Ph.D, full professor | | | |
| Teaching mode | <input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other | | | |
| PURPOSE AND OVERVIEW (max. 5 sentences) | | | | |
| To introduce students to all aspects of doping in sport, as well as methods for preventing and combating doping. Gaining knowledge of doping substances and methods, legal regulations and ethical standards related to the usage of doping, the student acquires a basis for action in the prevention of the use of doping in professional and nonprofessional sports. | | | | |
| SYLLABUS (brief outline and summary of topics, max. 10 sentences) | | | | |
| The history of the use of doping and doping substances and doping methods. Physiological and biochemical basis for the use of doping in sport. World anti-doping code and the legal framework in the fight against the use of doping. Ethical standards in conflict prevention as well as in the fight against doping and the role of the World (WADA) and national anti-doping agency. The problem of doping in sport unprofessional. Procedure, procedures and methodologies anti-doping controls. Obligations of athletes and coaches during the procedure anti-doping controls. Notification procedures for therapeutic use exemptions (TUE). Procedures in cases belonging to the registered control group and the obligation to report locations of training and preparation. Planning training, nutrition and supplementation as an effective alternative to the use of doping in sport unprofessional. | | | | |
| LANGUAGE OF INSTRUCTION | | | | |

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|---------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|
| <input checked="" type="checkbox"/> Serbian (complete course) | <input checked="" type="checkbox"/> English (complete course) | <input type="checkbox"/> Other _____ (complete course) |
| <input type="checkbox"/> Serbian with English mentoring | <input type="checkbox"/> Serbian with other mentoring _____ | |

ASSESSMENT METHODS AND CRITERIA

| Pre exam duties | Points | Final exam | points |
|----------------------|--------|--------------------------------------|--------|
| Theory + practicals | 10 | Theory examination (oral or written) | 40 |
| Teaching colloquia 1 | 15 | | |
| Teaching colloquia 2 | 15 | | |
| Seminar paper | 10 | | |
| Interactive teaching | 10 | OVERALL SUM | 100 |

*Final examination mark is formed in accordance with the Institutional documents