



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Professional Studies, Sport

Study Module (if applicable)

Course title

Social dance

Level of study

Bachelor academic
 Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Second

Number of ECTS allocated

6

Name of lecturer/lecturers

Radmila Kostić, Ph.D, full professor; Slavoljub Uzunović, Ph.D, associate professor

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

Acquisition of basic knowledge about the most popular social dances through the practical implementation of dance techniques. Mastery of motor skills and the ability to draw basic social dance steps necessary to apply the acquired knowledge in the practice of physical education, sport and recreation.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

History and characteristics of social dancing. Contemporary (modern) social (sports) dance (concept and types). Methods for learning and development of dance technique. Rhythm, tempo, dynamics and space (concepts and methods). Technique, rhythm and methods of basic steps and figures of social dances: English Waltz, Foxtrot, Tango, Cha-cha-cha, salsa, rock and roll. Dance and musical games. Simple and complex elements of social dance technique (steps, leaps, jumps, rolls). Methodology, techniques and rhythm of the basic steps of social dances: English Waltz, Foxtrot, Tango, Cha-cha-cha, salsa, rock and roll. Dance and music game (by applying the basic steps of social dances performed various dance competition game applicable in physical education, sport and recreation).

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Oral or written examination	30
Test of knowledge	10		
Teaching colloquia 1	15		
Teaching colloquia 2	15		
Activity during lectures	20	OVERALL SUM	100

*Final examination mark is formed in accordance with the Institutional documents