



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Professional Studies, Sport**

Study Module (if applicable)

Course title

Doping and antidoping in sport

Level of study

Bachelor academic  
 Bachelor professional       Master's       Doctoral

Type of course

Obligatory       Elective

Semester

Autumn       Spring

Year of study

First

Number of ECTS allocated

6

Name of lecturer/lecturers

Dragan Radovanović, Ph.D, full professor

Teaching mode

Lectures       Group tutorials       Individual tutorials  
 Laboratory work       Project work       Seminar  
 Distance learning       Blended learning       Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*To introduce students to all aspects of doping in sport, as well as methods for preventing and combating doping. Gaining knowledge of doping substances and methods, legal regulations and ethical standards related to the usage of doping, the student acquires a basis for action in the prevention of the use of doping in professional and nonprofessional sports.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

**The history of the use of doping and doping substances and doping methods. Physiological and biochemical basis for the use of doping in sport. World anti-doping code and the legal framework in the fight against the use of doping. Ethical standards in conflict prevention as well as in the fight against doping and the role of the World (WADA) and national anti-doping agency. The problem of doping in sport unprofessional. Procedure, procedures and methodologies anti-doping controls. Obligations of athletes and coaches during the procedure anti-doping controls. Notification procedures for therapeutic use exemptions (TUE). Procedures in cases belonging to the registered control group and the obligation to report locations of training and preparation. Planning training, nutrition and supplementation as an effective alternative to the use of doping in sport unprofessional.**

**LANGUAGE OF INSTRUCTION**

- Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)
- Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

**ASSESSMENT METHODS AND CRITERIA**

<b>Pre exam duties</b>	<b>Points</b>	<b>Final exam</b>	<b>points</b>
<b>Theory + practicals</b>	<b>10</b>	Theory examination (oral or written)	<b>30</b>
<b>Teaching colloquia 1</b>	<b>20</b>		
<b>Teaching colloquia 2</b>	<b>20</b>		
<b>Seminar paper</b>	<b>10</b>		
<b>Activity during lectures</b>	<b>10</b>	<b>OVERALL SUM</b>	<b>100</b>

\*Final examination mark is formed in accordance with the Institutional documents