



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education in Nis

GENERAL INFORMATION

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|------------------------------|---|
| Study program | Basic academic studies, physical education and sport |
| Study Module (if applicable) | |
| Course title | Beach volleyball |
| Level of study | <input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral |
| Type of course | <input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective |
| Semester | <input type="checkbox"/> Autumn <input checked="" type="checkbox"/> Spring |
| Year of study | Fourth |
| Number of ECTS allocated | 5 |
| Name of lecturer/lecturers | Dragan Nejić, Ph.D, full professor |
| Teaching mode | <input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other |

PURPOSE AND OVERVIEW (max. 5 sentences)

The goal of beach volleyball as a sport game is to acquire knowledge and skills as part of the study of sport and physical education, its development, methods, and fields that enable the students to apply basic means and methods of education in educational activities.

Students will be able to understand the basic principles of volleyball, to acquire theoretical knowledge and practical skills and apply them in the classroom, which is planned by certain programs, depending on the age of the students, then apply some methods to study in school and sports practice.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development of volleyball. The theory of volleyball training, mechanics volleyball. Technique without the ball and techniques with the ball - the ball rebounding. The technique with the ball – serving, techniques with the ball - an attack, technique with the ball – block, technique with the ball lift. Serving, serve from the jump. The defense field, reception service, reception of a spike, Sorbent, sun, spindle. Methods of teaching, subject teaching methodology of volleyball. Methodology of coaching volleyball techniques. Tactics, skill base. Volleyball fitness.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

| Pre exam duties | Points | Final exam | points |
|-----------------------------------|--------|-----------------------|------------|
| Theory + practicals | 10 | Practical examination | 10 |
| Teaching colloquia 1 (theory) | 15 | Theory examination | 20 |
| Teaching colloquia 2 (practicals) | 20 | | |
| Other | 25 | | |
| | | OVERALL SUM | 100 |

*Final examination mark is formed in accordance with the Institutional documents