



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Professional studies, Sport

Study Module (if applicable)

Course title

Selected sport – Methodics

Level of study

Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Third

Number of ECTS allocated

11

Name of lecturer/lecturers

The teacher selected sports

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

Enabled students to independently plan and realize methodics of learning of any single sports technique and their variants, and realize adequate manner of training in the area of selected sport.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Theory: Methodics in sports practice. Aims and tasks. Methods of instruction of the elements of sports techniques. Means of methodical procedures. Methodical procedures and learning of sports techniques. Methodics of the training of techniques without the apparatus. Methodics of the training of techniques with the apparatus. Methodics of the combined trainings. Practicals: Methodics of basic techniques of the selected sport, Methodics of the variants of the techniques of the selected sport, Methodics of special and specific techniques of the selected sport, Methodics of the training of techniques with and without the apparatus.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory and practicals active participation	10	Oral examination	40
Colloquium 1	25		
Colloquium 2	25	OVERALL SUM	100

***Final examination mark is formed in accordance with the Institutional documents**