



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program **Basic Academic Studies, Physical Education and Sport**

Study Module (if applicable)

Course title **Beach volleyball**

Level of study  Bachelor academic  Bachelor professional  Master's  Doctoral

Type of course  Obligatory  Elective

Semester  Autumn  Spring

Year of study **Second**

Number of ECTS allocated **6**

Name of lecturer/lecturers **Dragan Nejić, Ph.D, full professor**

Teaching mode  Lectures  Group tutorials  Individual tutorials  
 Laboratory work  Project work  Seminar  
 Distance learning  Blended learning  Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*The goal of beach volleyball as a sport game is to acquire knowledge and skills as part of the study of sport and physical education, its development, methods, and fields that enable the students to apply basic means and methods of education in educational activities.*

*Students will be able to understand the basic principles of volleyball, to acquire theoretical knowledge and practical skills and apply them in the classroom, which is planned by certain programs, depending on the age of the students, then apply some methods to study in school and sports practice.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

**Historical development of volleyball. The theory of volleyball training, mechanics volleyball. Technique without the ball and techniques with the ball - the ball rebounding. The technique with the ball – serving, techniques with the ball - an attack, technique with the ball – block, technique with the ball lift. Serving, serve from the jump. The defense field, reception service, reception of a spike, Sorbent, sun, spindle. Methods of teaching, subject teaching methodology of volleyball. Methodology of coaching volleyball techniques. Tactics, skill base. Volleyball fitness.**

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	10
Teaching colloquia 1 (theory)	15	Theory examination	20
Teaching colloquia 2 (practicals)	20		
Seminar paper / Test	15		
Activity during lectures	10	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents