



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education in Nis

GENERAL INFORMATION

Study program

Basic academic studies, physical education and sport

Study Module (if applicable)

Course title

Futsal

Level of study

Bachelor academic
 Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Second

Number of ECTS allocated

5

Name of lecturer/lecturers

Zoran Milanović, Ph.D, associate professor

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

Adoption of theoretical and practical knowledge of parts of futsal: technique, methodology, tactics and physical training, with special emphasis on program content required by the curriculum of primary and secondary schools. By completing the program content, students acquire basic theoretical and practical knowledge in certain parts of Futsal, which they will directly be able to apply in practice.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development and basic characteristics of the mini football. Technique mini football, technology developments players without the ball and the ball. Tech defense goals, basic concepts in tactics, tactics of defense, the role of keeper and tactics of football game. Kick the ball, leg and head (in the movement, in relation to the movement of the ball) defense. Receiving the ball (in the movement, in relation to the movement of the ball). Dribbling, dribbling and tricks, subtraction ball. Attack tactics, choice of tactics and methods of keeping the game, football game systems. Training in mini football, motor skills, methodological principles and methods, sensitive phase. Selection as a method of work in mini football. Objectives of the legality of football training, football training periodization, sports forma. Play along with all the rules of the game.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)
 Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Activity during lectures	10	examination	40
Teaching colloquia 1(theory)	20		
Teaching colloquia (practicals)	20		
Interactive teaching	10	OVERALL SUM	100

***Final examination mark is formed in accordance with the Institutional documents**