



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

Basic Academic Studies, Physical Education and Sport

Study Module (if applicable)

Course title

Psychology and development psychology

Level of study

Bachelor academic  Master's  Doctoral

Type of course

Obligatory  Elective

Semester

Autumn  Spring

Year of study

First

Number of ECTS allocated

7

Name of lecturer/lecturers

Petar Mitić, Ph.D, assistant professor

Teaching mode

Lectures  Group tutorials  Individual tutorials  
 Laboratory work  Project work  Seminar  
 Distance learning  Blended learning  Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

A student who successfully masters the contents of this course will be familiarized with the basic information on psychology as a science, its methods and areas to be used in psycho-physical development of children. Student will be able to understand the problems of learning, factors of successful learning and methods and mechanism enhancing greater achievements in learning. Students will understand basic mechanisms and problems in development and formation of the youths' personality.

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Theory: Structure of psychology as a science, Psychological disciplines, Short history of psychology as a science, Motives, Theories of personality, Transfer of learning, Assessment methods. Tests of knowledge or aptitude. Quotient of education and quotient of achievement. Cognitive abilities, Features of motor learning in pre-school and school age children. History of developmental psychology, Periodization of psychological development, Learning and maturation as factors of development. Physical, motor, sensory, emotional, speech development, social behavior, remembering, development of children's thinking processes. Child's play, Interests, Adolescence. Practicals: Methods in psychology, Sociometrics, Experiment with parallel groups, Perception, Perception of space, time and movement, Attention in perception, Methods of remembering research, Forgetting, Retroactive inhibition, Remembering and forgetting of different learning areas, Learning methods and duration of the learned material, Learning, Learning curves.

**LANGUAGE OF INSTRUCTION**

- Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)
- Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

**ASSESSMENT METHODS AND CRITERIA**

Pre exam duties	Points	Final exam	points
Theory	5	Oral examination	40
Practicals	5		
Colloquium <sup>1</sup>	20		
Seminar paper	20		
Interactive teaching	10	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents